

**CONNEXIS**  
INFRASTRUCTURE TRAINING

NEW ZEALAND CERTIFICATE

LEVEL 3

# *Health & Safety Practice*

**NZC**

NZQA #3533-2

40 CREDITS

7 MONTHS



CIVIL

ENERGY

TELCO

WATER

**Enrol Now**

CALL US: 0800 486 626  
askus@connexis.org.nz  
connexis.org.nz



# NZC *Workplace Health & Safety Practice*



## WHAT YOU'LL LEARN

- Applying knowledge of legal requirements and health and safety practices to the workplace.
- Communicating workplace health and safety requirements.
- Completing health and safety risk assessments.
- Understanding the importance of good health and safety practices.
- Applying the Health and Safety at Work Act 2015, Codes of Practice, and infrastructure industry best practice to embed a healthier, safer workplace.

## HOW THE COURSE IS DELIVERED

This programme is assessed on-job and completed through workbooks.

Learners are supported by a Connexis Customer Service Account Manager throughout their training.

## ENTRY REQUIREMENTS

To enrol in this programme the learner must be employed in the infrastructure industry and exposed to the skills covered.

## TRAINING PATHWAYS

This programme serves as an entry point into a recognised career specific to workplace health and safety.

**Contact us now to enrol**

CALL US: 0800 486 626

[askus@connexis.org.nz](mailto:askus@connexis.org.nz)

[connexis.org.nz](http://connexis.org.nz)



---

# Programme Structure

The structure of this programme features two compulsory modules as well as elective options.

---

## Module 1

Demonstrate and apply knowledge of safe manual handling practices in the workplace

Demonstrate knowledge of sleep and sleep management in relation to work performance

Demonstrate knowledge of the management of drug and alcohol-related problems in the workplace

Describe duties, rights, representation and the regulator in terms of New Zealand health and safety legislation

Apply health and safety risk assessment to a job role

Demonstrate knowledge of workplace health and safety culture and practices

## Module 2

Choose a minimum of 14 credits, maximum of 18 credits, from the following Unit Standards

Apply for, accept, and carry out work according to a work permit in the workplace

Identify the causes of back injury and methods to prevent back injuries in the workplace

Demonstrate knowledge of hearing conservation in the workplace

Demonstrate knowledge of Safety Observer responsibilities in the workplace

Explain safe work practices for working at heights

Describe safe practices when working with hazards in small drinking-water and wastewater systems

Demonstrate knowledge of fire and emergency warden duties in the workplace

Demonstrate knowledge of hazards associated with confined spaces

Demonstrate knowledge of pathogens, diseases, and their control in water services reticulation

Undertake job safety analysis

Work safely on an infrastructure works site

Demonstrate knowledge of notifiable works and work permits typical of infrastructure worksites

Lockout and reinstate machinery in the workplace

Wear and operate compressed air breathing apparatus in the workplace

Employ height safety equipment in the workplace

Operate an atmospheric testing device to determine a suitable atmosphere exists to work safely

Describe the role and functions of the Health and Safety Representative in a New Zealand workplace

Demonstrate knowledge of pathogens, diseases, and their control in water treatment

Describe the role and function of a health and safety committee in a New Zealand workplace

Demonstrate knowledge of asbestos and safety measures for asbestos-related work

Demonstrate safe handling, storage, and disposal of hazardous substances in the workplace

---

