

## Connexis Lead Well Application Form 2026

These free regional workshops aim to equip our enrolled Connexis learners who are leading teams with tools and strategies for self-wellbeing and the wellbeing of their teams.

Through this workshop you will explore how to better:

- Build strong, genuine connections with others
- Understand your own emotions and what triggers them
- Better understand other people's emotions
- Show empathy and see things from others' perspectives
- Manage your reactions in challenging situations
- Support your physical, mental, and emotional wellbeing.

**Applications open: 16 February 2026**

<b>Regional Workshop dates (15 - 20 participants in each. Catering provided)</b>		
Timaru	Tuesday 24 March	8.30am - 12.30pm
Napier	Tuesday 14 April	8.30am - 12.30pm
Palmerston North	Tuesday 21 April	8.30am - 12.30pm
Whangārei	Thursday 7 May	8.30am - 12.30pm
Nelson	Wednesday 28 May	8.30am - 12.30pm

<b>Online Workshop dates (commitment to a series of 4 x 1-hour workshops over 4 weeks)</b>	
<b>Series 1</b>	<b>Series 2</b>
Monday 13 April: 9 - 10am	Monday 12 July: 9 - 10am
Monday 11 May: 9 - 10am	Monday 27 July: 9 - 10am
Monday 25 May: 9 - 10am	Monday 10 August: 9 - 10am
Monday 22 June: 9 - 10am	Monday 24 August: 9 - 10am



**Learner details:**

First/given name			
Surname			
Company & branch			
Job title			
Email			
Mobile number			
Date of birth			
National Student Number (NSN) – <i>please ensure this is correct</i>			
How long have you been training with Connexis?			
Programme/s you are enrolled in with Connexis			
Customer Service Area Manager (CSAM) - <i>please ensure this is correct</i>			
Describe how you lead people day to day.			

See next page.



***Which workshop would you like to attend?***

Timaru - Tuesday March 24 - 8:30am - 12:30pm

Napier - Tuesday April 14 - 8:30am - 12:30pm

Palmerston North - Tuesday April 21 - 8:30am - 12:30pm

Whangarei - Thursday May 7 - 8:30am - 12:30pm

Nelson - Thursday May 28 - 8:30am - 12:30pm

Online Workshop 1

Online Workshop 2

<b>Applicant Agreements</b>
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By ticking this box, you confirm that the information you have provided is correct and accurate, and that you are currently an active learner with Connexis.

By ticking this box, you confirm that you have discussed this opportunity with your employer and they have given permission for you to attend.

By ticking this box, you agree to, if successful, being contacted for media requirements within three months following the completion of the workshop.

**Once you have completed the application form, please send it to your CSAM.**

All applications will be considered by Connexis in due course. Connexis may request additional information from you, your employer, or your CSAM. You will be notified of your application outcome in due course.

If you have any questions, please contact us at: [scholarships@connexis.org.nz](mailto:scholarships@connexis.org.nz)

