

HOSTED BY:

OMEXOM



OMEXOM
HENDERSON, AUCKLAND

GIRLS WITH HI-VIS[®]

CONNEXIS

THURSDAY 25TH JUNE 2026 | 45 KEELING ROAD, HENDERSON, AKL

Come along and see what a career in the Energy sector might look like! Presentations will be delivered by Omexom to showcase the Electricity Supply Industry and what it takes to work on electrical equipment.



SCAN TO FIND OUT MORE!

REQUIRED GEAR:

- Long pants
- Long sleeves
- Closed in shoes (no Crocs)
- Hair ties.



CONNEXIS
INFRASTRUCTURE TRAINING

QUESTIONS? GET IN TOUCH WITH US
gwhv@connexis.org.nz

2026 EVENT TEMPLATE

This is a guide only and can be adjusted to work with the Host Company and Connexis.

Time	Activity (Guide Only)	Who's Responsible
9.30am	<p>Students arrive on site. Register</p> <p>Hand out lanyards, Hi-Vis Vests, Check PPE, Hand out PPE Gear if supplied by Host Company.</p> <p>*Light morning tea on arrival if Host Company feels this is important</p>	Host Company Connexis
9.45am	<p>Host Company Welcome</p> <p><i>Introduction, About, Health and Safety for site</i></p>	Host Company
9.55am	<p>Connexis Presentation</p> <p><i>Introducing Girls with Hi-Vis® This is important as it sets the scene about what the event is about.</i></p>	Connexis
10.00am	<p>Hear from Women in the Industry / Company</p> <p>What they love about their jobs, their journey to this role, what they would encourage students to take away from the day.</p>	Host Company
10.15am	Rotation 1 - Break out into groups to do hands on activities	Host Company
	Group one: Tool Use	
	Group two: Mobile crane use	
	Group three: Ladder use	
	Group four: PLC System, Lights/switching gear	
	Group five: Cables, Earthing, PPE	
	Group six: Fittings, connectors	
11.00am	Rotation 2 - Break out into groups to do hands on activities	Host Company
	Group one: Tool Use	
	Group two: Mobile crane use	
	Group three: Ladder use	
	Group four: PLC System, Lights/switching gear	
	Group five: Cables, Earthing, PPE	
	Group six: Fittings, connectors	
11.45am	<p>Lunch Break</p> <p>Lunch is supplied by Host Company</p>	Host Company
	Rotation 3 - Break out into groups to do hands on activities	
	Group one: Tool Use	

12.15pm	Group two: Mobile crane use	Host Company
	Group three: Ladder use	
	Group four: PLC System, Lights/switching gear	
	Group five: Cables, Earthing, PPE	
	Group six: Fittings, connectors	
12.45pm	<p>What Next</p> <p>Host Company to explain what roles there are within the industry / their business and how they can go about applying for these.</p> <p>Does the Host Company offer Gateway, Cadetships, Work Experience, Apprenticeships</p>	Host Company

1.00pm	<p>Connexis Training Pathways.</p> <p>Gateway and opportunities</p> <p>Survey</p>	Connexis
1.15pm	Wrap up Q&A	Host Company
1.30pm	<p>Presentations</p> <p>MVP Award, Group Photo, hand out support packs</p>	Host Company Connexis
2.00pm	Close and Students Depart	

Please Note: *The students are released from school for the duration of the event time stated when they register. If the event looks like it may finish early suggest having quiz or hands on activity to do. Most schools cannot take these students back early as they are not prepared for classes or in uniform.*

2026 HEALTH AND SAFETY TEMPLATE

Please note these are required by the 24 May 2026 and will be passed onto the schools who have registered for your event. (They may also be loaded onto the website with your Company information)

Site Location	(Address) 45 Keeling Road, Henderson
Parking (Available on site)	(If yes, explain or supply map with parks) On road parking only
Event Start Time	9.30am
Event Finish Time	2pm
Site Manager <i>(Person meeting students)</i>	Cerri Goodwin
Site H&S Manager <i>(Person in charge of H&S)</i>	Maarten Tinsel
Site Medical Officer <i>(Person in charge of medical)</i>	Maarten Tinsel
Medical Centre <i>(Address and phone number of nearest medical Centre)</i>	White Cross, 131 Lincoln Road, Henderson 09 836 3336
Site Map <i>(Please provide a map of the site, showing emergency equipment, Assembly Point and emergency exit routes)</i>	See attached

2026 RISK ASSESSMENT

The following Risk Assessment and Mitigation Plan (RAMP) relates to the site where the event will take place. The Event risks have been assessed and rated as per the following 3 tables; these ratings have then been applied in the RAMP.

Likelihood – Table 1

Descriptor	Description
<i>Rare</i>	The risk may only occur in exceptional circumstances
<i>Unlikely</i>	The risk could occur at some time
<i>Moderate</i>	The risk will occur at some time
<i>Likely</i>	The risk will occur in most circumstances
<i>Almost certain</i>	The risk is expected to occur in most circumstances

Consequences – Table 2

Descriptor	Description
<i>Minor</i>	First aid treatment only
<i>Moderate</i>	Medical treatment required(paramedic or ambulance)
<i>Major</i>	Extensive injuries
<i>Catastrophic</i>	Fatality

Level of risk – Table 3 (likelihood multiplied by consequences)

Likelihood | Consequences

	<i>Insignificant</i>	<i>Minor</i>	<i>Moderate</i>	<i>Major</i>	<i>Catastrophic</i>
<i>Rare</i>	L	L	M	S	S
<i>Unlikely</i>	L	L	M	S	H
<i>Moderate</i>	L	M	S	H	H
<i>Likely</i>	M	S	S	H	H
<i>Almost certain</i>	M	S	H	H	H

H	High Risk
S	Significant Risk
M	Medium Risk
L	Low Risk

The following Risk Assessment is a guide only and will require each **Host Company** to fill in their risk assessments prior to submitting an application to co-host a Girls with Hi Vis event.

An example can be found on the following page.

Identified Risks	Controls (Eliminate, substitute, Isolate, Engineering, Environment, Administration)	Risk Rating after Controls	Person Responsible
Visitors to Site Lack of site/activity risk awareness	Site will not be active. Activities are set up for day only. No plant movements. Visitors to be briefed. Facilities communicated. Note: Additional toilets required due to numbers.	Low Risk	Warren Hedley, or as assigned.
Activity One: Ladder Use	Harness to be worn, with pole belt. Qualified Line Mechanic supervising on ground and up pole. Ladder tied on pole. Close supervision at height. 3 points of contact always.	Low Risk	Warren Hedley, or as assigned.
Activity Two: Tool use. Crimpers electric and hand, Using tensioning equipment,	Demonstrated by competent operators. Eyewear and working gloves worn.	Low Risk	Warren Hedley, or as assigned.
Activity Three: Mobile crane use	Truck set up. Crane operation by remote, under close supervision by competent operator. Area demarcated to ensure no outside access.	Low Risk.	Warren Hedley, or as assigned.
Other:	There is no one to park in the main car park due to the area required for large buses. Please Park on the road. Mini van is preferred due to space. All visitors arrive using buses. Note: Requires further discussion.		

Example Risk Assessment

Identified Risks	Controls (Eliminate, substitute, Isolate, Engineering, Environment, Administration)	Risk Rating after controls	Person Responsible
<p>Visitors to Site Lack of site/activity risk awareness</p>	<ol style="list-style-type: none"> 1. Visitors on site are to be briefed, upon arrival, of site activities and minimum site/task specific risks and controls. 2. Visitors are to be constantly supervised and monitored, for exposure and proximity to site/task hazards and risks. 		<p>Site Escort/Site Manager</p>
<p>Trip / Falling</p>	<ol style="list-style-type: none"> 1. Visitors shall be protected from tripping or falling through constant supervision and monitoring. 2. Barriers, covers and edge protection will be used in instances there may be a risk. 		<p>Site Escort/Site Manager</p>
<p>Noise Proximity to plant and machinery operation</p>	<ol style="list-style-type: none"> 1. Visitors will be removed from the immediate vicinity of the source of any plant or machinery noise, where there is an immediate risk of hearing damage. 2. Where this control is unable to be reasonably implemented, visitors must be issued with hearing protection and instructions on its use. 		<p>Site Escort/Site Manager</p>
<p>Pedestrian interaction Struck by moving vehicles</p>	<ol style="list-style-type: none"> 1. Visitors shall be issued and wear hi-vis vests. 2. Visitors shall be issued and wear hard hats if required. 3. Visitors shall be briefed on exclusion zones around mobile plant. 4. Mobile Plant operation shall require the allocation of a spotter. 5. Mobile plant movements shall require the allocation of a spotter. 6. Plant exclusion zones shall be established and communicated to visitors. 		<p>Site Escort/Site Manager</p>